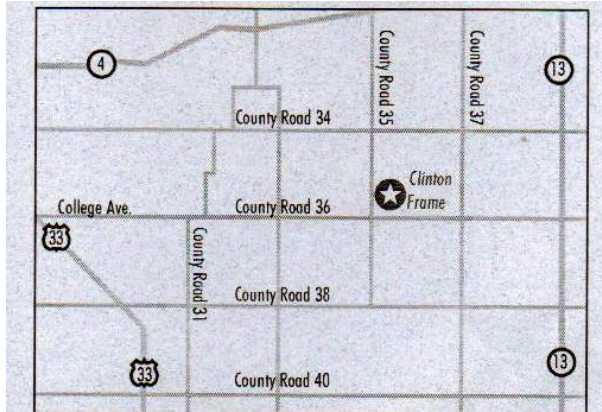




Celebrate Health

5K Run & Fun Walk



We are easy to find!

63846 C.R. 35, Goshen, IN 46528
574-642-3165
www.clintonframe.org

Saturday, June 9, 2018

At Clinton Frame Church
63846 CR 35, Goshen, IN 46528

Registration: 8 a.m.
Race begins at 9a.m.

4th Annual *Celebrate Health* 5K Run & Fun Walk

Saturday, June 9, 2018

Registration: 8 a.m. / Race begins at 9 a.m.
at Clinton Frame Church, 63846 CR 35, Goshen, IN 46528

Race Information: Clinton Frame Church is excited to announce the 4th annual 5K Run & Fun Walk! We believe that good health does not happen by chance, but is rather the result of lifestyle choices we make on a daily basis. Runners, walkers, strollers and pets are all welcome. (Pets must be on a leash).

Registration fee: Adult (15+) \$15, child (6-15) \$10, child 5 & under FREE (no shirt), SPECIAL family rate \$50 for 2 adults & up to 4 children. Monies raised will be used for the upkeep of the Clinton Frame outdoor walking trail.

Registration and Packet Pick-up Information: Please submit your registration and registration fee to Clinton Frame Church by May 26, 2018. Additional registration forms are available at the church. Race day registration will also be accepted. Pre-registered participants will be guaranteed a race t-shirt. You may pick up your race packet at Clinton Frame Church on Saturday, June 9, beginning at 8 a.m.

Course Description: Start and finish will be at Clinton Frame Church. 1K course is on a walking path that goes around the church. 5K course is mostly flat with some rolling hills.

Facilities: Restrooms are available at the church.

Awards: Ribbons will be given to the top finishers. Race results will be posted on the CFMC website and at the church.

Questions can be directed to Dave Long, 574-238-4653.

Please detach and mail or drop off this entry form (at the church office) with cash or checks payable to: **Clinton Frame Church.**

NAME: _____

AGE: _____ SEX: _____

PHONE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP _____

T-shirt size (please circle one):

Youth S M L Adult S M L XL XXL

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the Health and Wellness Ministry Team, Clinton Frame Church, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature of Participant Date
(If participant is under 18 yrs of age - parental signature required)