



Aubrey Hunsberger holds a bachelor's degree in psychology along with receiving her master's degree in Clinical Mental Health Counseling. She is an LMHCA with the state of Indiana. As a later-in-life student finishing her education, she also studied Formational/Inner Healing Prayer with Healing Care ministries at Ashland Theological Seminary to experience the integration of clinical and spiritual connection for healing.

At age 47, wife of twenty plus years and mother to three earthly children and one heavenly, she graduated with her master's degree and looks to build her practice continuing to meet people where they are at in life and work with them to find their healing path in their pain. She understands pain most often occurs and is experienced in a relationship, and this is also the place that healing occurs. Aubrey believes in approaching mental health from a bio/psycho/social/spiritual perspective. This perspective includes working with the client to address their needs from every angle of what they are dealing with, just as they are, and where they are in life now to make changes for their growth. Aubrey has worked with those dealing with anxiety, depression, grief/loss, addictions, and anyone seeking a deeper relationship with others and Jesus. She believes that each person carries a unique story and that a safe place to share their story provides an approach to see things as they are and not as we think they should be.